Care Consultation is a unique program that specializes in helping family members get the resources and information you need to make caregiving more manageable – leaving some room for whatever makes you happy, too.

A person pushing a person in a wheelchair

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**When caregiving is less stressful, there’s room for a little fun, too!**

**Care Consultation** is an individualized program that answers your questions, connects you to the services you need, and brings you peace of mind.

Women in the kitchen laughing

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**You can still be YOU**

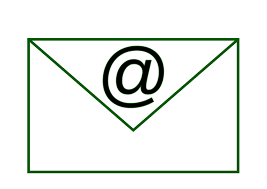
With your Care Consultant in your corner, you’ll find there’s room to enjoy your time together with your loved one again, too. Your Care Consultant will make sure both of you are making time for the activities that are important to you.

**How does Care Consultation work?**

You’ll work with a skilled Care Consultant who gets to know you and understands your needs.

You’ll talk to your Care Consultant by phone and email at times that are convenient for you.





Contact info

**A few things we help you with:**

* Connect you to resources for meals, transportation, home care
* Explore respite and long-term care options
* Find help with legal decisions and financial guidance
* Have difficult but necessary conversations
* Understand disease progression and manage behaviors

*A product of Benjamin Rose Institute on Aging*

A black and white logo

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